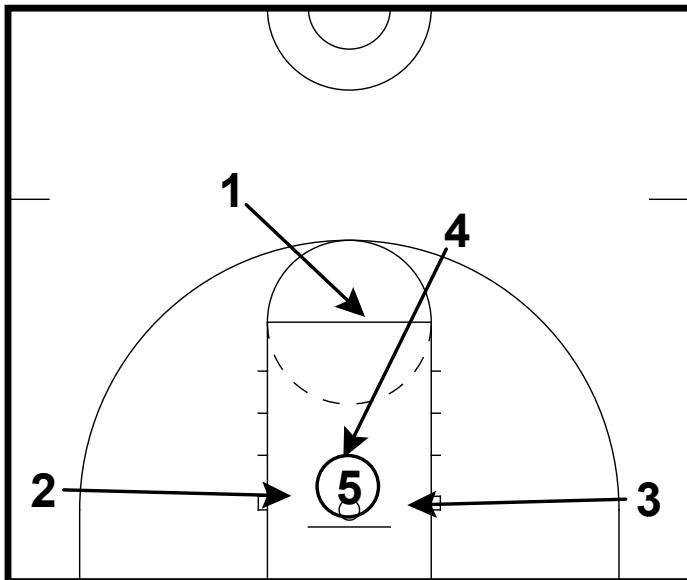
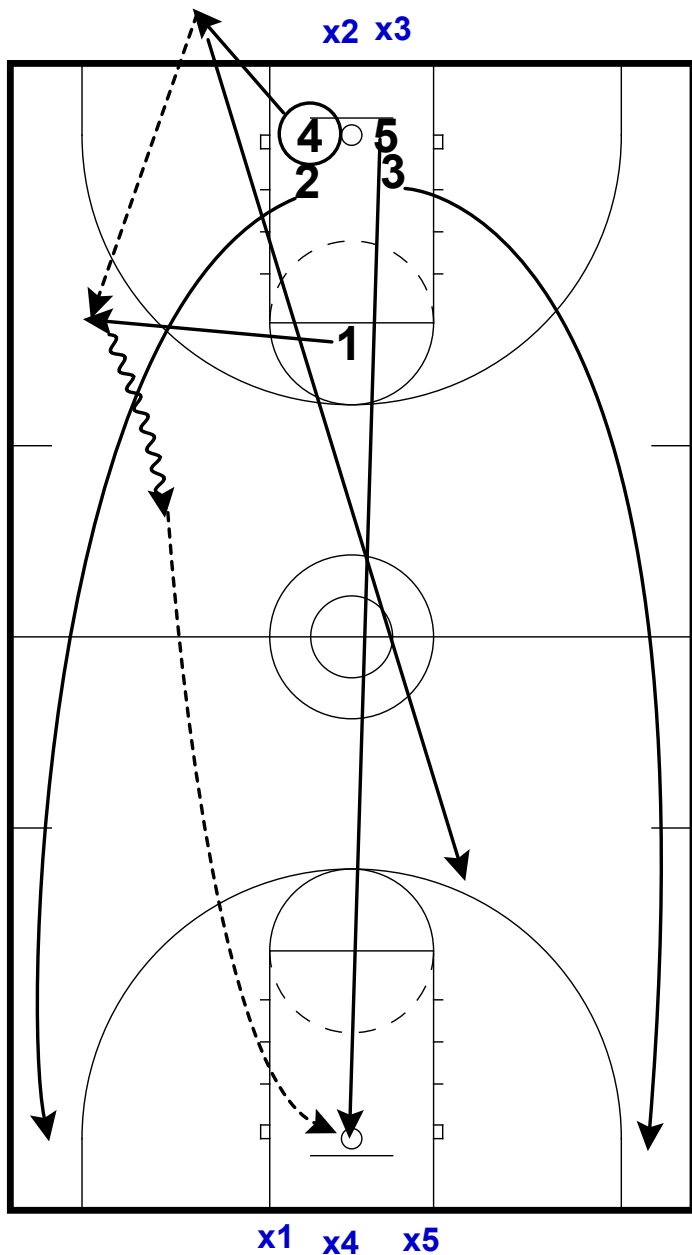


Full Court Trips



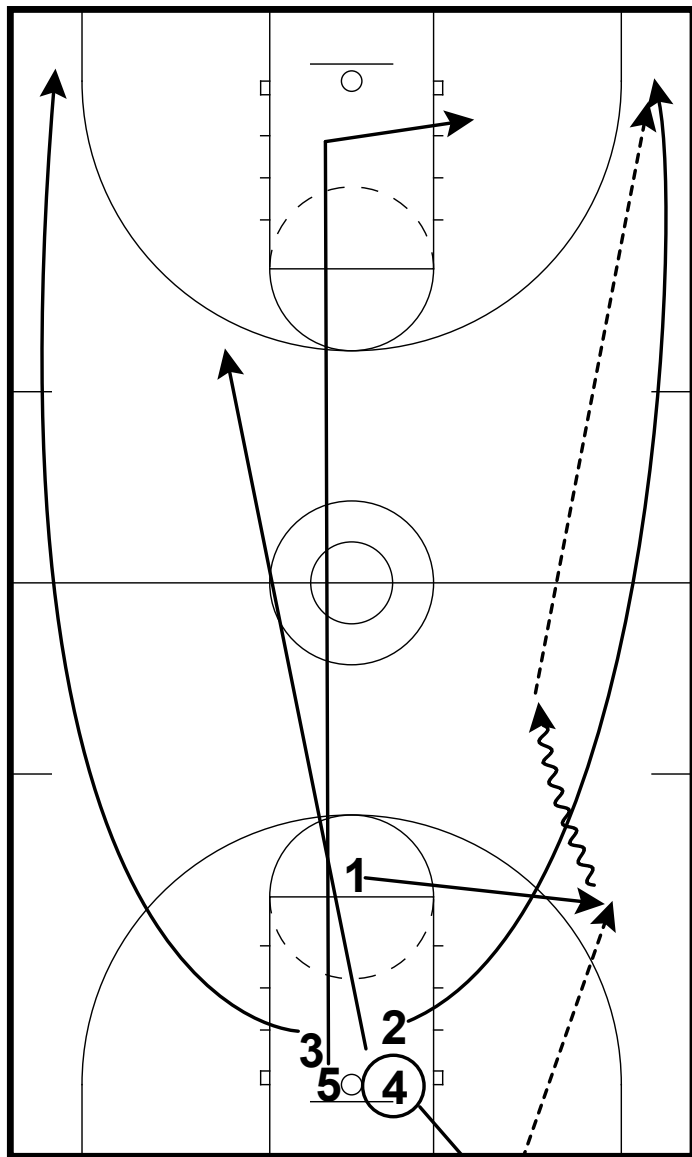
Trip 1 - Ball Ahead to Post
Post Scores in Transition

Trip 1 - Ball Ahead to Post



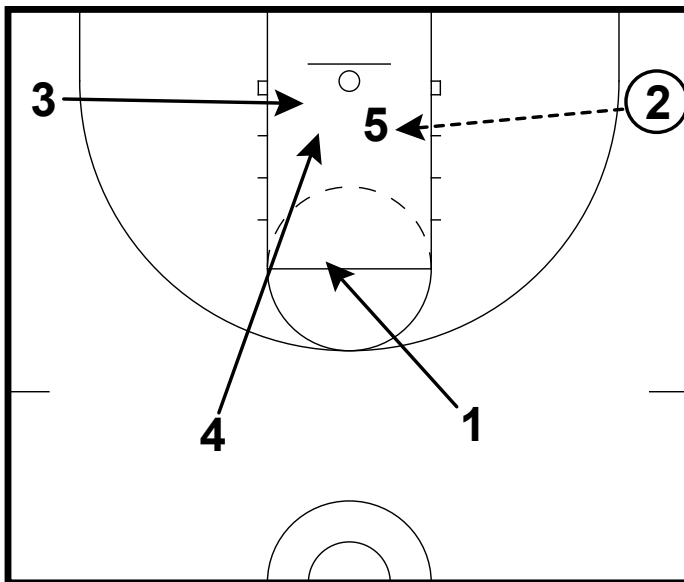
Full Court Trips

x2 x3



x1 x4 x5

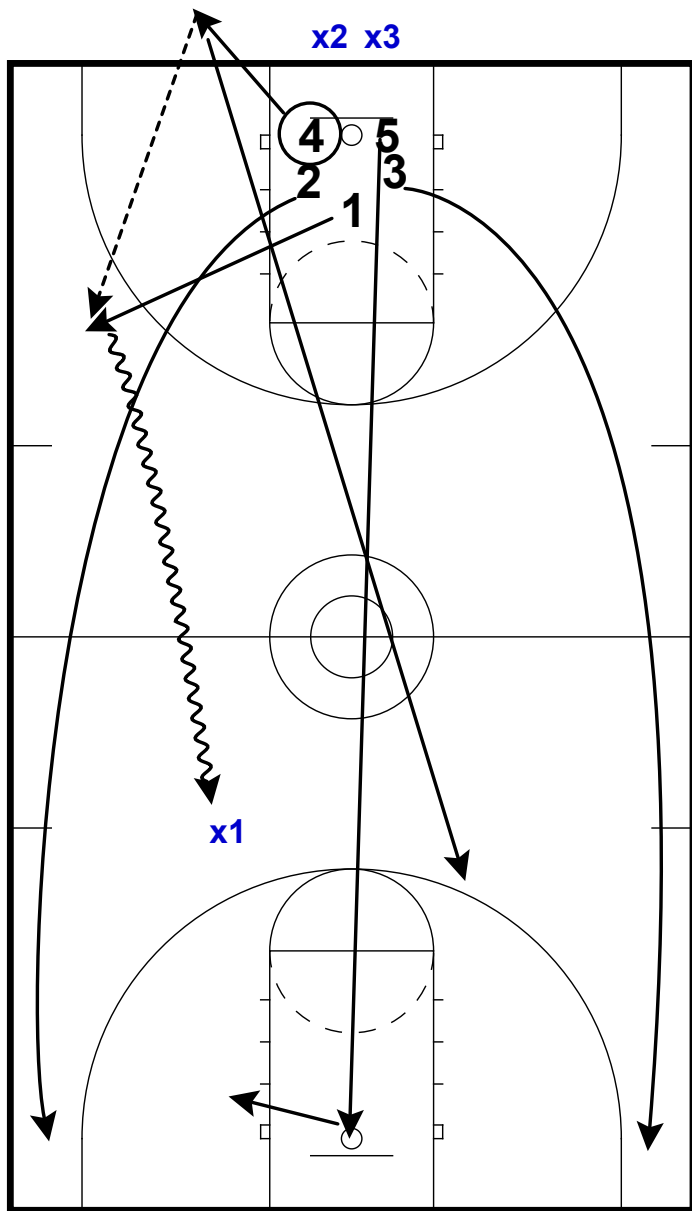
Trip 2 - Ball Ahead Wing to Post



Trip 2 - Ball Ahead Wing to Post
Wing feeds post in transition

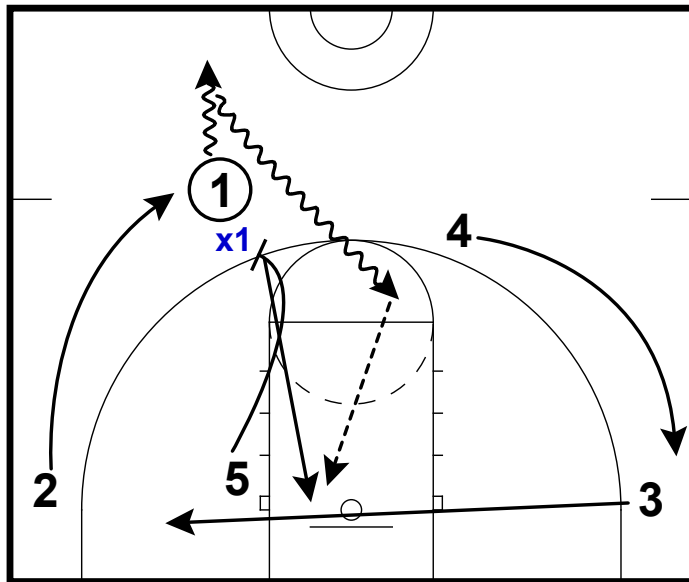


Full Court Trips



x4 x5

Trip 3 - Reverse Dribble vs 1 Defender

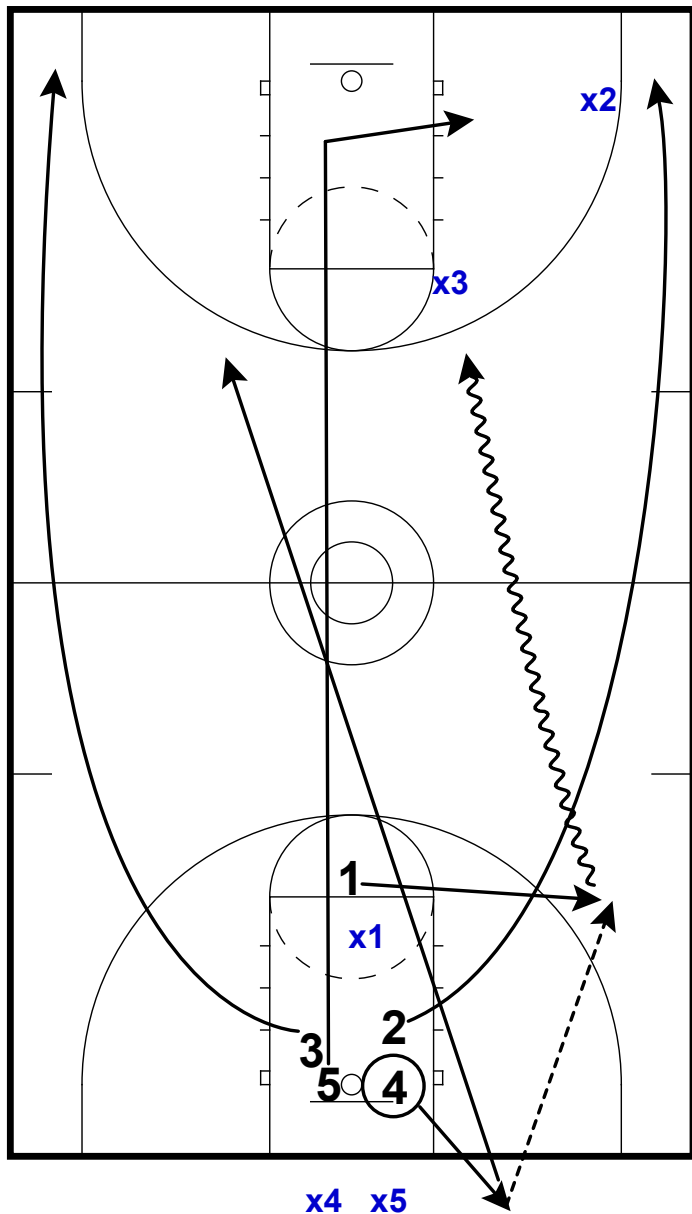


x4 x5

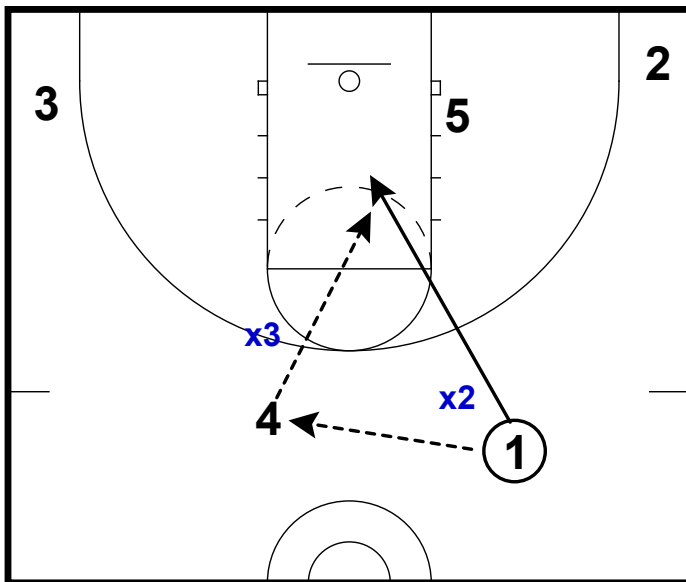
Trip 3 - Reverse Dribble vs 1 Defender. 1 Reverse Dribbles and gets ball screen from 5. Everyone Circle Moves and 1 delivers the pass.



Full Court Trips



Trip 4 - Pass and Cut vs 2 Defenders

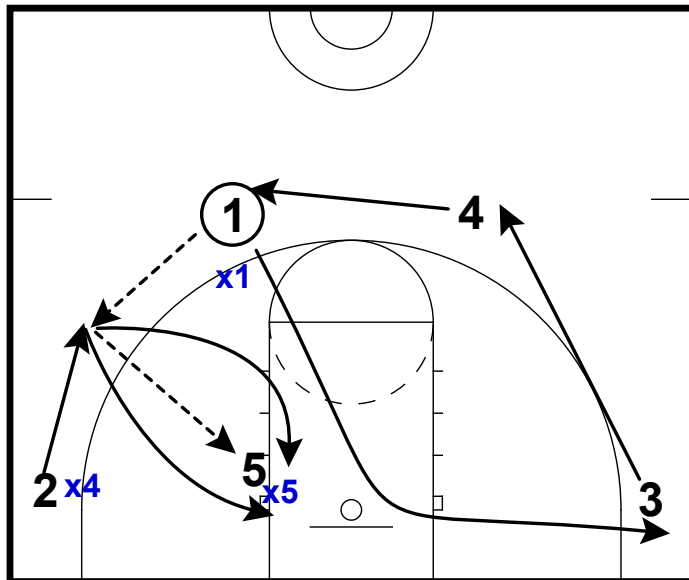
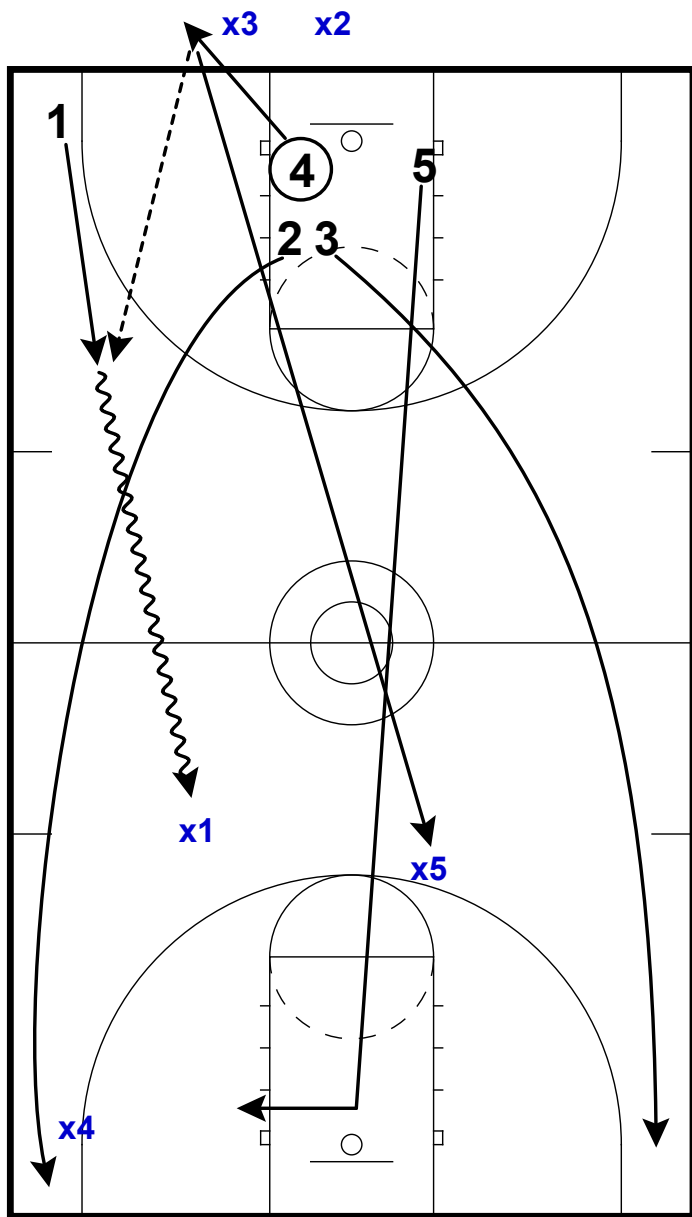


Trip 4 - Pass and Cut vs 2 Defenders
Pass and Cut for a layup.

x1 x4 x5



Full Court Trips



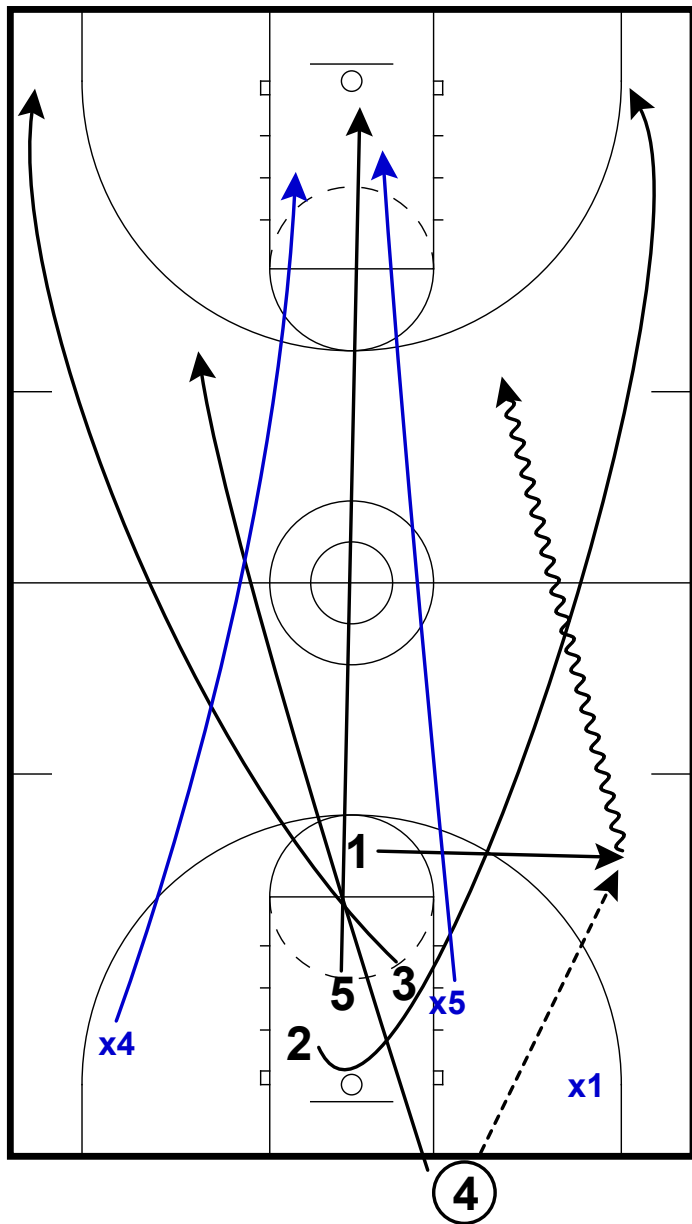
Trip 5 - Post Pass and Cut vs 3 Defenders. 1 passes to wing, 2 feeds the post and Laker Cuts

Trip 5 - Post Pass and Cut vs 3 Defenders

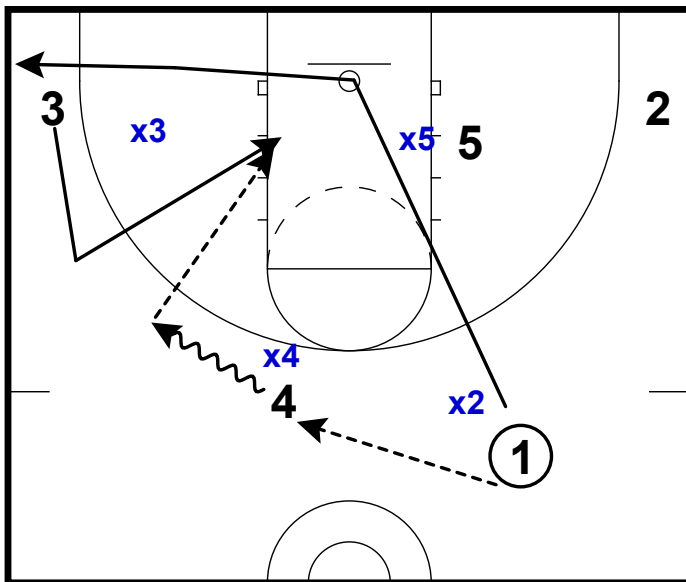


Full Court Trips

x2 x3



Trip 6 - Dribble At vs 4 Defenders



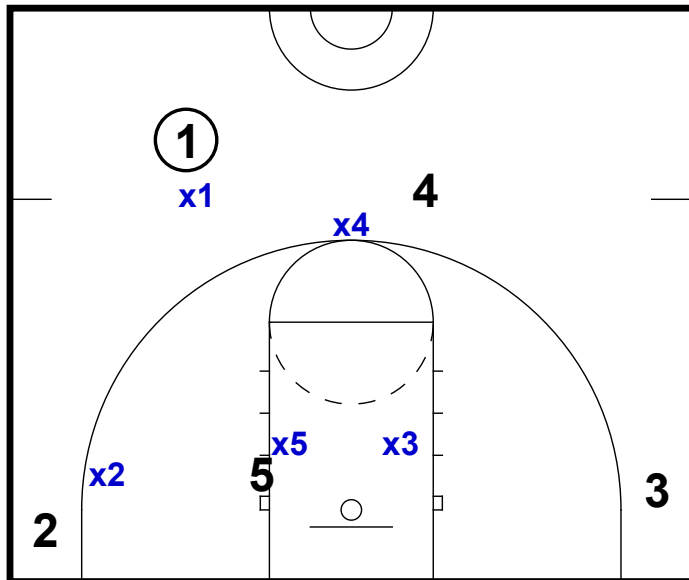
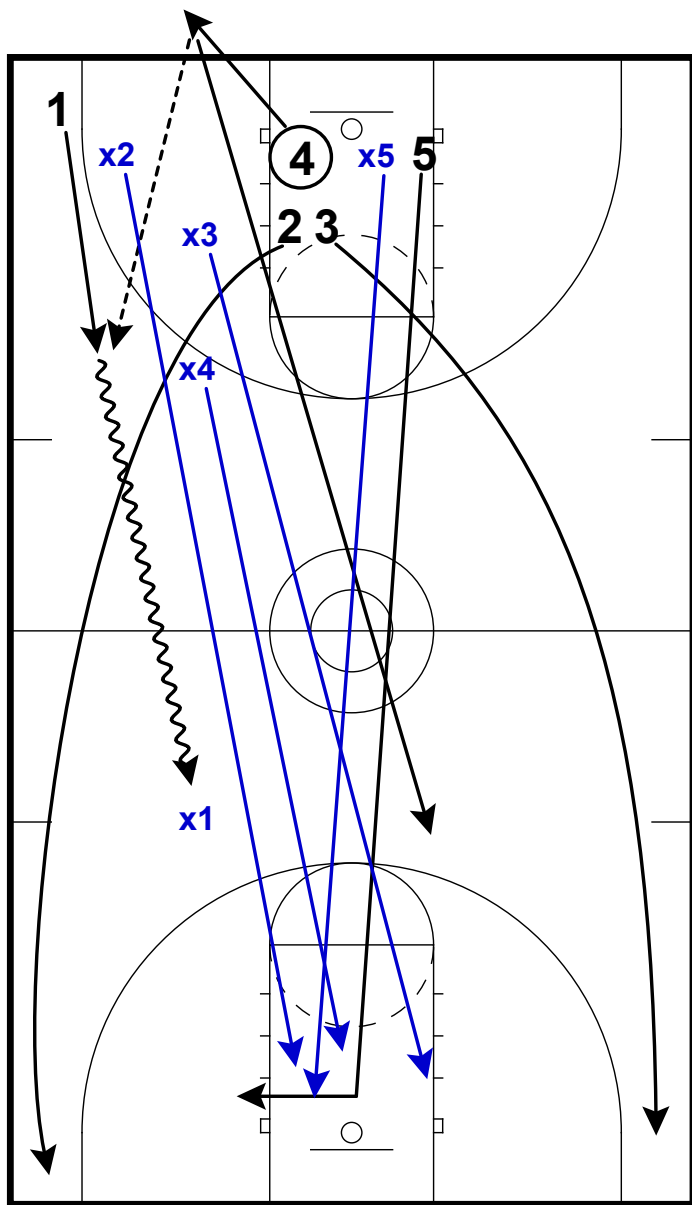
Trip 6 - Dribble At vs 4 Defenders. Hunt for a Dribble At score.

x1

x3 x2



Full Court Trips



Trip 7 - Live vs 5 Defenders (Stress Circle Movement)

Trip 7 - Live vs 5 Defenders (Stress Circle Movement)

